

## Backpack

- **Checked Bag:** I use the [Mother Lode Weekender by eBags](#).
- **Daypack:** [Patagonia Black Hole 25L](#)
- **Packable Daypack**

## Clothes

- **Merino Wool T-Shirts:** [Woolly Ultralight Breathable Wicking T-shirts](#)
- **Button-up Long-Sleeved Shirt**
- **Jeans:** Levi's
- **Hiking Pants:** Rei
- **Cotton Shorts**
- **Swimsuit/Active shorts**
- **Travel underwear:** [Ex Office Boxer](#). [Uniqlo Airism Boxers](#).
- **Socks:** [SmartWool thin](#). SmartWool thick.
- **Sweater:** Saks Fifth Avenue Blue Cashmere Hoodie.

## Technology

- **Mobile Phone:** Samsung Galaxy Note
- **Laptop:** Macbook Pro
- **Travel Adaptor:** [Ceptics India](#)
- **Travel Converter:** [Bestek](#)
- **DSLR Camera:** Canon 80D
- **Travel Tripod:** [Gorillapod](#). [Manfrotto Compact Action Aluminum 5-Section Tripod](#).
- **Action Camera:** GoPro
- **Instant Camera:** Instax

## Medications

- **Charcoal Tablets**
- **Grapefruit Seed Extract**
- **Anti-diarrhea pills**
- **Electrolytes tablets**
- **Melatonin tablets**

## Paperwork

- **Visa**
- **Passport**
- **Drivers License**

- **International Drivers Permit**
- **Flight Itinerary**
- **Hotel Reservations**

## **Footwear**

- **Sandals:** Chacos
- **Boots or Tennis Shoes**

## **Miscellaneous**

- **Microfiber Towel**
- **Ear Plugs**
- **Eye Mask**
- **Journal**
- **Sunglasses**
- **USB Stick**
- **Headlamp**
- **Electric Razor**
- **ExpressVPN**
- **ATM Cards**
- **Credit Card**
- **Evernote/GDrive:** Put copies of all your important docs on here
- **Audible Books**

## **For the Truly Prepared:**

- **Malaria Pills**
- **Water Filter**
- **LifeStraw Water Bottle**
- **Steripen**
- **Hat**
- **Sleeping Bag & Liner**
- **Medical Kit**
- **Travel Alarm Clock**